

THE GREAT CANADIAN
SLEEPWALK
THE ROAD TO GOOD NIGHTS



LA GRANDE MARCHE À
DORMIR DEBOUT
EN ROUTE POUR UN SOMMEIL SAIN

Help support the advancement Of
Sleep Medicine & Research in Canada

September 22 • 2019

THE GREAT CANADIAN
SLEEPWALK

Canadian Sleep
Society



Société Canadienne
du Sommeil

Vancouver, Canada | 1199 W Cordova St. | 9:30am

Join a team of 'sleepwalkers' in a 5km walk to raise awareness about healthy sleep and raise funds for the Canadian Sleep Society or attend to cheer on the participants.

The meeting point (and finish point) is in the **Grass area beside TAPshack Coal Harbour at 1199 W Cordova St. On-site registration starts at 8:30am.** **A registration fee will need to be purchase to participate.*

To register and for more details visit css-scs.ca/sleepwalk.

#CANSleepwalk