

Canadian Sleep
Society



Société Canadienne
du Sommeil

Racism, violence and discrimination should be condemned!

The tragic death of George Floyd and of too many others compel all of us to reflect on important questions about all forms of racism present in our society today. The Canadian Sleep Society is outraged about recent events concerning and deeply affecting the Black community. The Canadian Sleep Society, as many other societies, voices its resentment and would like to reassure its membership as well as all other communities and societies of its engagement towards diversity and equity for all Canadians by condemning racism in all its forms.

The CSS mission is to promote research related to sleep and to advocate for education in sleep medicine and healthy sleep for all Canadians. The Canadian Sleep Society is thus committed, like many other societies, to creating sustainable positive social change which is progressive and inclusive. Despite worry and fear, we must be strong and supportive of our colleagues and neighbors affected by the recent events.

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