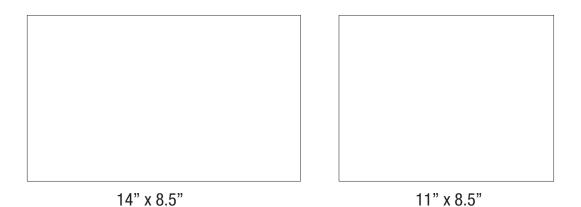
## **Printing instructions for the Canadian Sleep Society brochures**

## STEP 1

- Print PDF document 2 sides
  Be sure to have the proper print settings in order to do so (fit to page, correct margins etc...)
- For optimal results, use flat matte finish, heavy weight or acid-free paper. Paper needs to be specifically for color printing.



STEP 2

- Fold paper as shown to create the brochure

